

Translations:Pédalier multifonction/10/en

- Install a comfortable seat at a appropriate distance from the pedals. We opted for a seat with a backrest instead of a saddle, because the cyclist's pelvis does not need to move in the same way as regular cycling. The distance between the pedal and the seat should allow the leg to fully extend at the furthest part of the pedal turn, and the cyclist's hands must be able to easily handle the tools that will be driven by the crankset (blender, sewing machine, drill, etc).