

Translations:Conserves lactofermentées/81/en

Key facts on food wastage:

- 1/3 of food produced around the world goes off or is wasted
- In France, 50% of waste happens at home
- A person in France wastes 20kg of food per year
- 19 % of fruit and 31% of vegetables are wasted, making these the produce we waste the most

What is lacto-fermentation, or lactic acid fermentation?