Translations:Boissons fermentées - Sodas maison/16/en

- 1. Fill a big jar with 50 cl of water.
- 2. Add 100-150 gr of sugar and 40-50 gr (3 big spoons) of thinly sliced or diced ginger.
- 3. Don't close the lid completely to let out the fermentation gases; 2-3 times a day, close it and shake it vigorously, then re-open it a bit.
- 4. Place it in a warm spot (south-facing window-sill, radiator, near the fireplace). Heat is important to start the fermentation.
- 5. After 24h, add 1 coffee spoon of sugar, 1 big spoon of ginger and 1 big spoon of water. Stir. Repeat every 24h for 4-5 days.
- 6. When the brewage is opaque and bubbly on the surface, it's ready. It may be used right away or kept in the fridge.
- 7. Nurture the ginger once or twice a month with 1 coffee spoon of sugar and some ginger to keep it alive. To reactivate it, put it back in a warm spot and feed it everyday as indicated above until it's opaque and bubbly again.
- 8. When used, replace the amount you've taken with the same amount of water and ginger.