

Translations:Sciences Participatives : Bioponie d'intérieur/41/en

- Take the 1000 x 500 mm textile (1)
- Fold it in 2 along the width (2)
- Sew along the entire length (with a machine or by hand) to create the sock (3)
- Turn the resulting assembly inside out (4)
- The sock is ready to use (5)