

Translations: Pasteurisation de fruits et légumes/38/en

- Peel and wash the fruit and vegetables to be pasteurised thoroughly
- Whether from a recipe of your choice (like ratatouille, compote, puréed fruit or veg, fruit in syrup etc...) or cut into pieces in water, place the fruit or veg in a saucepan over heat.
- Heat until brought to a simmer