

Translations:Marmite norvégienne pour nomades/5/en

|Idea|Make sure that you use the largest stewpot you can find and that the lid fits perfectly

Although the term "Norwegian pot" is relatively recent, the principle of the "haybox" was used in Hebrew tradition on Shabbat (Mireille Saimpaul, "Histoire de cuire sans feu ou presque"). Norwegian pot is just one of many names for this concept: pressure cooker, fireless cooker, cooking thermos, cooking box, magic box, wonderbox... According to Mireille Saimpaul, the origin of the name "Norwegian cooking pot" comes from the fact that "Norwegian automatic cookers" were exhibited at the 1867 Universal Exhibition in Paris and caused a sensation.