

# Translations:Marmite norvégienne pour nomades/2/en

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The fireless cooker is a steaming device that has been around for thousands of years. The principle is to place a pot in an insulated container after boiling for slow cooking without a heat source. In addition to saving energy, the other advantage is that the nutrients are preserved. The dishes are tasty because they are cooked slowly; we've tested and approved it extensively, particularly with lentil and soups.