

# Translations:Le biofiltre/27/en-gb

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Worm composting works by breaking down organic waste using earthworms (notably *Eisenia Fetida*) which mimics the process performed by living organisms in the surface layer of the soil. Food waste (vegetable peelings, scraps of food, even animal carcasses, faeces etc.) is a source of nourishment which is eaten and digested by micro-organisms (bacteria and fungi) and earthworms in the worm compost. This process of digestion promotes mineralisation of waste products, converting them into simple elements (azote, potassium, phosphorus, magnesium, calcium, iron, trace elements etc.) which can then be absorbed by plants, giving them essential nutrients for their growth and development