

Translations:L'énergie dans l'habitat/24/en

It is natural that the temperature of a home is higher in the summer than the winter, and that we should dress appropriately for the seasons. Furthermore, it is not necessary for the house to be hot in order to live comfortably. The average temperature of a French home is 20 °C. The ADEME (the French Environment and Energy Management Agency) recommends a temperature of 19 °C in living areas and 16 °C in bedrooms. The difference in heating at 20 °C instead of 19 °C produces an energy overconsumption of 7%.