

Translations:Conserve lactofermentées/21/en

- Video tutorial by Camille Duband and written instructions by Pierre-Alain Lévêque for the Low-tech Tour, April 2018.
- Knowledge and know-how passed on by Claire Yobé, Kerouze farm.
- ARTE, Food waste in 7 key figures
- National Geographic, A third of all food produced is lost or wasted
- Wikipedia, lacto-fermentation
- Blog ni cru ni cuit
- Lacto-fermentation cooking video: <https://www.youtube.com/watch?v=iiNIOJv6xTw>
- The summit on fermentations (France, 2020) -> a summary of the speeches and the recipes are in the 'Files' tab of this tutorial.
- For more recipe inspiration and fermentation courses, follow ShiraBio: <https://www.instagram.com/shirabio/>
- For a wealth of recipes, ferments and tools for fermenting at home, visit the website of Fairment, organisers of the Fermentation Summit: <https://fairment.com>