Translations: Élevage domestique de vers de farine/2/en

Mealworms are easy to breed at home. The interest of this breeding is the production of proteins in an efficient way, as well as a reduced impact on the environment. On average, you have to spend 2 kJ of energy to recover 1kJ with a "mealworm" breeding (energy ratio of 2). To eat 1 kJ of "beef", 16 kJ are needed! (energy ratio of 16)